

## Program Information

The Anoka Technical College Associate of Applied Science (AAS) degree in Occupational Therapy Assistant is a 71-credit program. Course work includes a combination of general education courses, occupational therapy theory and skill building courses, and on-the-job experiences at various fieldwork sites. Students must provide their own transportation to and from the fieldwork sites. All academic coursework must be completed before students are placed on their Level II fieldwork experience. The Level II fieldwork must be completed within 6 months of completing the required coursework. Enrollment in the fieldwork classes may be limited due to the availability of fieldwork sites.

## Program Learning Outcomes

1. Practice using innovative and evidence-based interventions within the role of the entry-level Occupational Therapy Assistant.
2. Demonstrate professional attributes, ethical standards, and values of the profession.
3. Deliver competent services/outcomes by using reflection, strengths, client centered and occupation based interventions, and critical and creative thinking.
4. Collaborate inter/intra professionally.
5. Work with people from diverse backgrounds in a variety of practice settings serving the community.

## Career Opportunities

Young or old, we all have a job to do – the job of living. Learning, growing, playing, working, managing our homes, and caring for our families and ourselves are among the occupations of life.

Sometimes physical, emotional, or other challenges prevent people from participating fully in the job of living. Stroke, injury, depression, and developmental disabilities, for example, can make it difficult for people to do everyday tasks or be as active and as independent as they'd like. Occupational therapy – a vibrant, growing profession – makes it possible for people to regain independence and to enjoy life to its fullest. By choosing a career in occupational therapy, you will make a difference. You will improve the lives of children, young people, and adults alike. Occupational therapy assistants work with the supervision of registered occupational therapists to provide hands-on services to children and adults who are learning new ways to succeed in the occupations of life.

Students today can look forward to dynamic careers working in varied settings with people of all ages. Many practitioners help children thrive in the “occupations” of childhood learning, playing, and growing. Some work in schools with students who have learning disabilities or behavioral problems. Others work with children who have cerebral palsy, Down Syndrome, and other disabilities. Practitioners also work with individuals in their homes, community centers, rehabilitation hospitals, and nursing homes. In these settings, they may support people with traumatic injuries, strokes, Alzheimer’s disease, or mental health problems.

Wage information is available from the [Minnesota Department of Employment and Economic Development](#).

## Accreditation/Certification

The Occupational Therapy Assistant program at Anoka Technical College is accredited by the Accreditation Council for Occupational Therapy Education (ACOTE) of the American Occupational Therapy Association (AOTA), located at 6116 Executive Boulevard, Suite 200, North Bethesda, MD 20852-4929, ACOTE’s phone number, C/O AOTA, is 301-652-AOTA, and its web address is [www.acoteonline.org](http://www.acoteonline.org).

Graduates of the program are eligible to sit for the national certification examination for the occupational therapy assistant administered by the [National Board for Certification in Occupational Therapy \(NBCOT\)](#). After successful completion of the exam, the individual is a Certified Occupational Therapy Assistant (COTA). Most states require licensure in order to practice. However, state licenses are usually based on the results of the NBCOT Certification Examination. A felony conviction may affect a graduate’s ability to sit for the NBCOT certification exam or attain state licensure.

## Admission Requirements

All required documentation must be submitted in person or email, or US Postal. See OTA web page for details. Admission criteria:

- Option 1
1. Apply to Anoka Technical College and be admitted to the college
  2. Complete appropriate test scores and the Test of Essential Academic Skills for Allied Health (ATI-TEAS).
  3. Certificate of Attendance from Information Session
- Option 2: Students who have bachelor’s or master’s degree
1. Apply to Anoka Technical College and be admitted to the college
  2. Submit an official transcript of Bachelor’s or Master’s degree
  3. Certificate of Attendance from Information Session

## Background Study

Minnesota state law requires that any person who provides services that involve direct contact with patients and/or residents at a health care facility have a background study conducted by the state.

## Program Start Dates

Fall Semester.....August

## Course Prerequisites

Some courses in this program may require a prerequisite. Please see [course descriptions](#) for more details.

## MnTC General Education Requirements

This program requires completion of the following fifteen credits of general education from at least three goal areas of the Minnesota Transfer Curriculum (MnTC). Refer to the [MnTC course list](#) for elective courses:

- ENGL 1107 Composition I (Goal 1&2) or ENGL 2105 Business and Technical Writing (Goal 1&2) ..... 4
- PSYC 1406 General Psychology (Goal 5)..... 4
- PSYC 1506 Lifespan Development (Goal 5) ..... 4
- SPCH 1500 Intercultural Communication (Goal 1&7) ..... 3

# Occupational Therapy Assistant

Associate of Applied Science (AAS) Degree

## Program Sequence

<b>Fall Semester</b> .....	<b>15</b>
<input type="checkbox"/> COTA 1001 Introduction to Occupational Therapy .....	4
<input type="checkbox"/> COTA 1050 Clinical Conditions .....	4
<input type="checkbox"/> COTA 1105 Therapeutic Applications I.....	3
<input type="checkbox"/> HLTH 1005 Anatomy and Physiology.....	4
<b>Spring Semester</b> .....	<b>18</b>
<input type="checkbox"/> COTA 1155 Therapeutic Applications II .....	2
<input type="checkbox"/> COTA 1260 Performance Skills and Applications.....	3
<input type="checkbox"/> COTA 1270 Productive Aging/Geriatric Practice .....	4
<input type="checkbox"/> COTA 1280 Mental Health and Wellness .....	4
<input type="checkbox"/> COTA 1290 Level I Fieldwork Behavioral.....	1
<input type="checkbox"/> PSYC 1406 General Psychology .....	4
<b>Summer Semester</b> .....	<b>11</b>
<input type="checkbox"/> ENGL 1107 Composition I .....	4
<b>OR</b>	
<input type="checkbox"/> ENGL 2105 Business and Technical Writing.....	4
<input type="checkbox"/> PSYC 1506 Lifespan Development.....	4
<input type="checkbox"/> SPCH 1500 Intercultural Communication.....	3
<b>Fall Semester</b> .....	<b>15</b>
<input type="checkbox"/> COTA 2310 Professional Seminar .....	2
<input type="checkbox"/> COTA 2330 Physical Rehabilitation Practice .....	4
<input type="checkbox"/> COTA 2340 Children and Youth Practice .....	4
<input type="checkbox"/> COTA 2350 Community Practice .....	4
<input type="checkbox"/> COTA 2391 Level I Fieldwork Traditional.....	1
<b>Spring Semester</b> .....	<b>12</b>
<input type="checkbox"/> COTA 2411 Level II Fieldwork Rotation A.....	6
<input type="checkbox"/> COTA 2421 Level II Fieldwork Rotation B.....	6

## Graduation Requirements

All COTA courses and HLTH1005 must be completed with a grade of C or higher. All ENGL, PSYC, and SPCH courses must be completed with a cumulative GPA of 2.0 or higher.

## Faculty Contact

<a href="#">Julie Grivna</a> .....	763-576-4262
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<a href="#">Becky Johnson</a> .....	763-576-4222

For more information about the Occupational Therapy program you can contact the Advisor's or you can e-mail questions to [FutureOTASStudent@anokatech.edu](mailto:FutureOTASStudent@anokatech.edu)